

grandtrail.be

ROADBOOK GTLC Summer 2025



trakks 
RUN YOUR WAY 



THE WEEKEND

FRIDAY 16
MIA

6:00 p.m. Opening of the Ovifat site
Collection of GT85, GT42, GT21 and bibs GT11

8:00 p.m. Site closure

SERVICES

BAR 07 :30 – 00 :00
FOOD 12 : 00 – 23 :00
MARCHANDISING 07 :30 – 20 :00
DISTRIBUTION MEDALS 10:30 - finish
INSTRUCTIONS 07 :00 – 23 :00

PODIUM

Podium GT21

- Men 1 / 2 / 3
- Women 1 / 2 / 3

Podium GT85

- Men 1 / 2 / 3
- Women 1 / 2 / 3

Podium GT42

- Men 1 / 2 / 3
- Women 1 / 2 / 3

Podium GT11

- Men 1 / 2 / 3
- Women 1 / 2 / 3

Podium TRI+

- Men 1 / 2 / 3
- Women 1 / 2 / 3

SATURDAY 17
MIA

04:00 OPENING OF THE OVIFAT SITE

04 :45 Briefing GT85

05:00 GT85 Departure

07:30 BAR Opening

08 :45 Briefing GT21

09:00 GT21 Departure

10:30 First GT21 arrivals

10 :45 Briefing GT42

11 :00 Départ GT42

12:00 FOOD Opening
Snacks

12:20 First GT85 arrivals

12 :45 Briefing GT11

1:00 p.m. GT11 Departure

1:45 p.m. First GT11 arrivals

14:20 First GT42 arrivals

14 :45 Briefing GT2

3:00 p.m. GT2 start

15 :45 Briefing TRI+

16:00 TRI+ Departure

4:45 p.m. First Tri+ arrivals

23:00 Arrival of the last GT85

01:00 Site closure

grandtrail.be



*Feel the vibrations
and relive the intense
moments of 2024*

Congratulations on registering for GTLC Summer 2025!

ADDRESS OF THE DAY



Ovifat Ski Slope - Rue de la Piste, 1 - 4950 Ovifat – Belgium



Thanks to [Stoffels & Fils](#) for their help in setting up the site.



INSCRIPTIONS

NO REGISTRATION ON SITE on the day

COLLECTION OF BIBS



Available at the [Trakks Rocourt](#) store until Thursday 15/5 - 6:00 p.m. (for those registered before 05/05)
Highly recommended to avoid queues when collecting...

The BEST of RUNNING partners! Don't hesitate to stop by for advice on how to prepare for your goal!

Each bib is given **individually** to each runner.

- 1) **Identity document** (ID card or Passport)
- 2) **Your bib number** (on your management link received by email when you registered)
- 3) **Medical certificate** validated for the GT85.
If no certificate = no departure! <https://pps.athle.fr/>
- 4) For GT85 runners, you must show up **WITH your race bag and all required equipment**. For other races, there will be no bag check. You are responsible for your safety.
- 5) Distribution and activation of GPS beacons on the morning of the race.



MANDATORY!! Encoding in your smartphone:

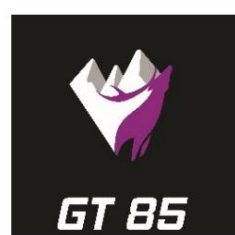
- **SOS number: 0032 471 20 36 21**
- **Application 112**

If you have the "GIFT" icon, it means you registered before 04/20/2025. Pick up your participant gift at the "MERCHANDISING" booth.

SOLIDARITY BIB

You also had the option to donate the value of your participant gift to a charity chosen by our organization. THANK YOU for your SOLIDARITY bib. We will communicate this after our event for the check presentation.

BIB COLLECTION SCHEDULE



FRIDAY

16 GT85 bib collection
6 p.m. – 8 p.m. (recommended)
+ Bag check + tag

SATURDAY

13
17 GT85 bib collection
4h00 – 4h45
Drop Bag Deposit



FRIDAY

16 GT42 bib collection
6 p.m. – 8 p.m. (recommended)

SATURDAY

17 GT42 bib collection
9h30 – 10h45



GT 21

1 **FRIDAY**

Bib collection
GT21 (recommended)
18h – 21h

1 **SATURDAY**

Bib collection
GT21
07h30 – 08h45



GT 11

19 **FRIDAY**

Bib collection
GT11
18h – 21h

1 **SATURDAY**

Bib collection
GT11
11h30 – 12h45



GT 2

17 **SATURDAY**

GT2 bib collection
14h15 – 14h45



TRI+

17 **SATURDAY**

TRI+ bib collection
15h15 – 15h45

PARTICIPANT GIFT



Distribution of bibs ONLY in the corresponding time slots.

Each registration before April 20, 2025 will receive a souvenir of the GTLC Summer 2025 edition.

Visit the "MERCHANDISING" stand before or after your course.

How do you know if you are eligible? A small "GIFT" icon is drawn on your bib in the bottom left corner

T-shirt for the GT85 and GT42 and Neck warmer for the GT21 and GT11



DROP BAG OR PERSONAL BAG (GT85)



A bag with your personal belongings can be left at Ovifat before the start of the race and will be taken directly to the refreshment point described in the Roadbook.

These will be labeled with your bib number (please bring a bag to attach this bracelet). Only bags deposited in the IN area will be transported to the R. Maximum capacity of 30L per bag.

GT85: 1 colored bracelet (R2: 32km)



RETURN OF THE DROP BAG

The repatriation time depends on logistical constraints. A bag may be delayed compared to the runner, especially in the event of a withdrawal. Please be patient and respect the work of the volunteers. Bags will be collected from the designated tent. (Out area)

INSTRUCTIONS

You can drop off your bag of up to 10 liters.

Write your bib number on the labels provided for this purpose before submitting it!

We accept no responsibility for loss or theft.

Opening hours: 7:00 a.m. - 8:00 p.m.

Any bags remaining after 8 p.m. will be returned to the SCHUSS room near the race PC.



RUNNER TRACKING

GPS TRACKING – GT85



Nothing is more important than knowing where the GT85 participants are!

Thanks to **ULTRATIMING**, ultra runners are equipped with a TRACKMIUM GPS beacon.

TRACKMIUM

Precise real-time positioning & estimation of next waypoints.

<https://trackmium.web.app/rr-public-map/339613/contest/2>

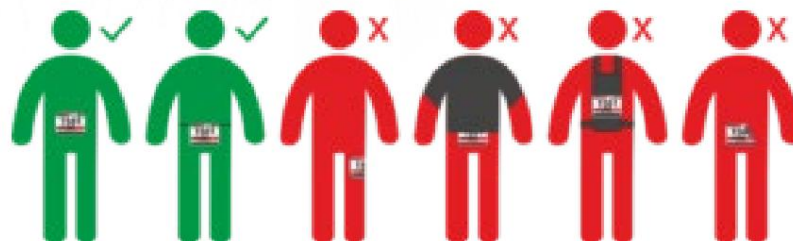
For added safety, all GT85 participants will be monitored by our PC Race team.

The beacon will be distributed in a special pouch to attach to your bag on the day of the race start at 4:00.

This must be returned to the organizers upon arrival, otherwise you will be charged €100.

CHRONO/LIVE TRACKING

The bib must be worn on the chest or stomach. It must be permanently and fully visible throughout the race. This bib will give you access to aid stations and life support.



It must always be placed on clothing and cannot under any circumstances be positioned on a leg or bag. Timed chips are located on the back of your bib. These will activate as you pass the mats at the various points.

Unannounced checkpoints will be set up by the organization but also by the Federation.



ALL runners will benefit from a timing chip behind their bib which will allow them to follow live the passage of each runner at the refreshment points, at the bottom of the track and at the finish line.

An estimate of your progress will be calculated live by Ultratiming.

<https://www.ultratiming.live/evenement/gtlic-summer-2025>

POP UP !!!

From Saturday, May 17, 4:00 a.m., a “pop-up” will be available on our website www.grandtrail.be.

This will allow you or your companions to easily follow their favorite runner, follow the passages of aid stations, the estimates of passage, arrival, etc.

CUP & WASTE**MANDATORY !!**

To avoid wasting plastic cups, everyone is required to bring their own **personal cup** (15cl recommended).

On sale on site at the MERCHANDISING stand if needed.



TIME BARRIERS

They are calculated to allow participants to reach the finish line within the maximum time allowed. The average time is very broad. They are indicated in the tables on the race page on the website www.grandtrail.be.

The time announced by the time barrier is the deadline by which competitors must leave the checkpoint.

Runners arriving after the time limit will be stopped.

We know it can be difficult to accept failure after so much preparation. We insist on time limits only for your safety.

MANDATORY EQUIPMENT

(O: mandatory / R: recommended)

Equipement (O : obligatoire / R : Recommandé)	GT160	GT85	GT42	GT21	GT11
Sac destiné au portage de l'équipement obligatoire pendant la course	O	O	O	R	R
Téléphone	O	O	O	R	R
Gobelet de 15 cl minimum	O	O	O	O	O
Supplément de 1 litre d'eau minimum	O	O	R	–	–
Lampe frontale	O	O	R	R	R
Batterie supplémentaire pour lampe frontale	O	–	–	–	–
Couverture de survie 1,40 x 2,0 m minimum	O	O	O	R	R
Reserve alimentaire suffisante pour autonomie adaptée au parcours	O	O	R	R	R
Veste de pluie	O	O	R	–	–
Tenue vestimentaire adaptée aux conditions météo (soleil, pluie, froid, neige)	O	O	R	R	R
Carte d'identité ou passeport	O	O	O	O	O

RELIEF



The 112.be app is available for download (available on Android and Apple). The app can directly locate your call to emergency services.

During your race, in case of serious injury or emergency, call 112.



A first aid station is provided on the site in Ovifat by the non-profit organization [OASIS](http://www.oasis.be), composed of qualified people, Saturday from 5:00 a.m. to 11:00 p.m.



INJURIES, ABANDONMENTS AND REPATRIATIONS

Serious injury: 1)

112

2) Contact the organization's SOS

0032 471 20 36 21

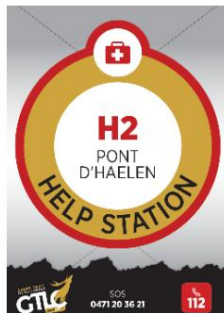
This number is also written on your bib.



Small injury?

Stop at the following "Help Station" (H):

Contact the **PC COURSE** at **0032 471 20 36 21**



Abandon ?

Do not abandon anywhere other than a Supply Point (R).

If you abandon a checkpoint before it is necessary to return to the previous checkpoint and report your abandonment to the person in charge of the checkpoint.

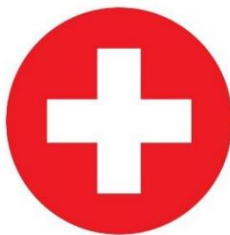
Please reply to the ABANDON email of Friday 16/05 if you are not taking the start

What to do?

Notify the post manager at R, who will permanently invalidate your bib and collect your beacon. The runner will keep their invalidated bib.

Repatriation is decided with the Race PC, depending on the shuttles en route.

Please note: no text messages will be processed on emergency or PC Course numbers.



Information to provide:

- Your bib number
- The HELP STATION number (example H2)
- Nature of the call (abandonment, minor injury, serious injury, loss of location)

If you can, still use the "Help Stations" at the refreshment points.

We will then organize your repatriation to the Ovifat base using the various vehicles on loan from the

Schyns Group.

GT85 trackers must be returned to Ovifat. If lost, a €100 fee will be charged. Be careful if you're returning on your own!

NEW PEUGEOT 3008

L'ALLURE FAIT TOUTE LA DIFFÉRENCE



Disponible en électrique, hybrid et plug-in hybrid

CITROËN C3 AIRCROSS

Le SUV idéal pour la ville et les loisirs



Disponible en électrique, hybride et essence

OPEL FRONTERA

SUV 100% Électrique ou Hybride



Disponible en Hybride et Electric

FIAT PANDA

Audacieuse dans la conception et dans les détails



Disponible en Essence, Hybride ou Electrique



MARKING

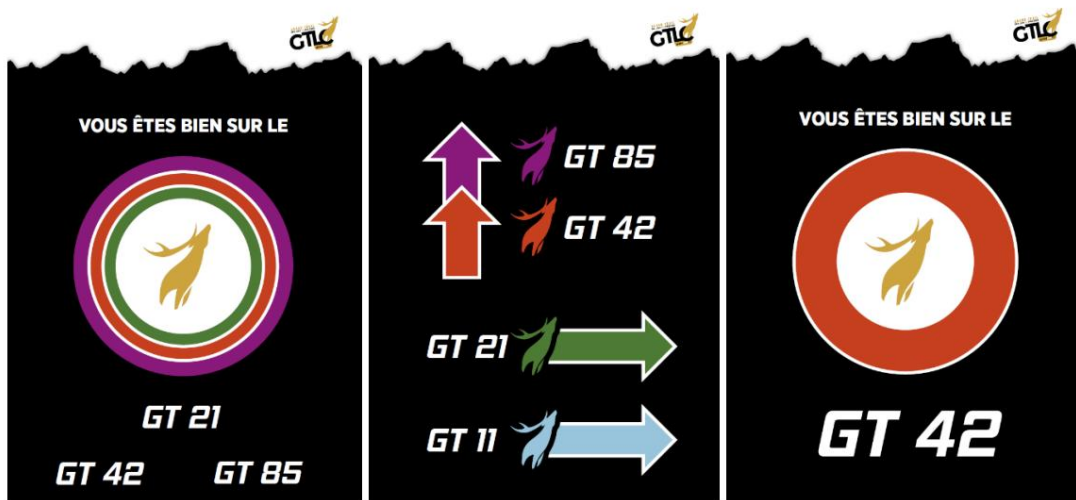


For better night vision, the markers have a reflective part. If you no longer see any markers after 150 meters, turn back!

White arrow with orange tip, small reflective stick, ENJOY SPORT label.

For non-wooded areas, orange chalk markings on the ground will indicate the direction.

Here is an example of a fork sign and a sign to certify that you are on the right road after a fork.



FRONTALS

A headlamp is essential for certain distances.

Two PETZL balloons will be hovering over the Ovifat GTLC ski slope site during the weekend.

A partnership made possible thanks to [Alpitech Petzl Benelux Agency](#).





SUPPLIES

No cups at the refreshment station.
You must have your own cup with you!



Only runners wearing a visible bib will have access to the refreshment points.

Cold liquid, hot liquid, classic salty and sweet snacks, fruits, treats, aperitifs, consistent solids

Hydration and energy intake must be adapted to the weather conditions and supplemented with salt throughout the workout.
You know your personal needs better than anyone!

CAUTION : Manage your distances from one point to another!

Please note, flying refueling is PROHIBITED!

It is forbidden to leave supply bases with food supplies, except for water. Consumption must be done on site.

Thanks to [SWDE](#) for their collaboration.

	R1 Robertville Barrage	R2 Malmedy Ecole IND	R3 Stavelot Bergerie	R4 Intermills	R5 Ovifat
		Chaud !!!! DROP BAG	Chaud !!!	Chaud !!!	
GT85	KM 13	KM32	KM53	KM68	KM86
GT42	KM 13			KM28	KM46
GT21	KM13				KM23
GT11					KM13
TRI+					KM85
GT2					KM2
CHAUD et solide	Soupe chaude poulet/vermicelles		X	X	
	Café		X	X	
	Sandwich fromage jambon (froid)		X		
	Croque monsieur chaud (pain fromage jambon)	X		X	
	Pâtes pesto/sauce fromage / fromage rapé		X		
	Four à micro onde	X			
SNACK	Krit craquers salé	X	X	X	X
	Chips au sel	X	X	X	X
	Pain d'épice	X	X	X	X
	Speculoos		X	X	
	Gaufre aux œufs	X	X		X
	Gaufre au sucre	X	X		X
	4 quarts / marbré ou madeleine	X	X	X	X
	Galette de riz (chocolat)	X	X	X	
	Fruits secs		X	X	
	Madelaine	X			X
FRUIT	Cacahuètes	X	X	X	X
	Banane	X	X	X	X
GOURMANDISE	Orange	X	X	X	X
	Bonbons pâte de fruit	X	X	X	X
LIQUIDE	Chocolat (noir ou noisette)	X	X	X	X
	Tartelette au riz		X		
APEROT :	Eau	X	X	X	X
	Coca	X	X	X	X
	Sirop grenadine	X	X	X	X
APEROT :	Bière Lupulus 0% Placebo		X		
	Mini Saucisson		X		
	Fromage		X		

REFRESHMENT 1 : Robertville Dam - <https://goo.gl/maps/ggrwJEjfQ5JqQgDz7>

RAVITO 2 : IND School of Malmedy - <https://goo.gl/maps/P6beQ45yTNvTLc3w6>

RAVITO 3 : Bastin Organic Farm in Stavelot - <https://maps.app.goo.gl/2RS9kq4x9uvfu8AM7>

RAVITO 4 : Intermills Malmedy: <https://maps.app.goo.gl/yXDRVj6UB98AKJEb7>

RAVITO 5 : Ovifat arrival - <https://goo.gl/maps/kQ3mwFMrLzCFrbU8>

PERSONAL ASSISTANCE

Refreshments will be placed at the points described in the road book:

Use our interactive maps to get the Google route!

Example: <https://grandtrail.be/courses/gt85/> -> see end of page

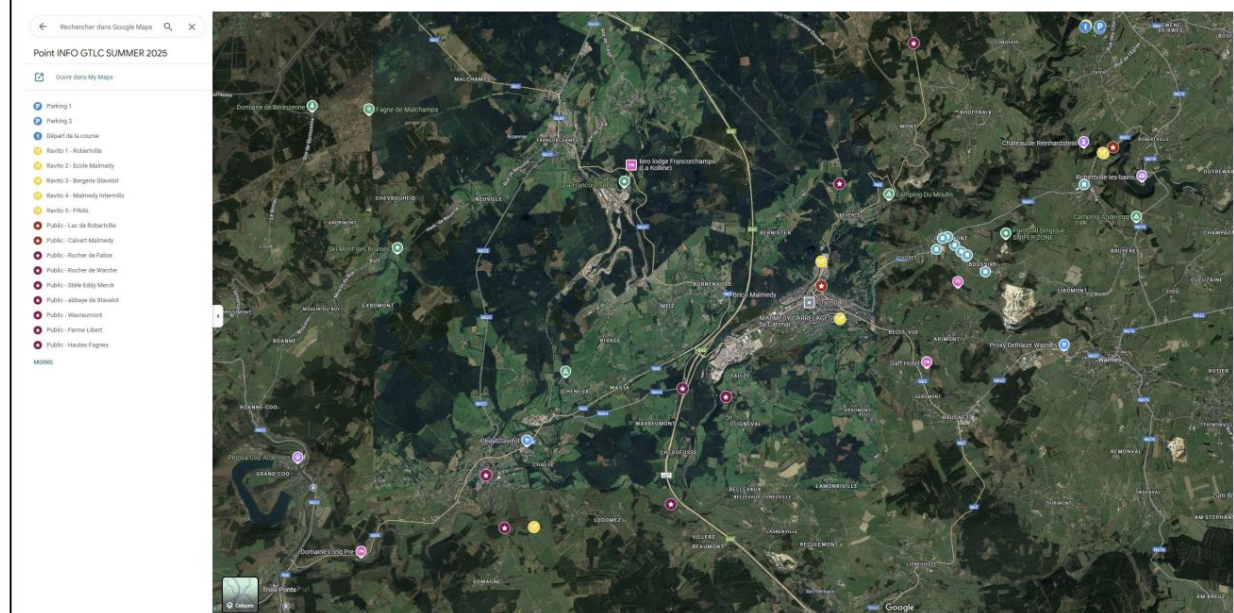
Or use this link with the Google map: Clicking on the point gives you the Google route!



Your guides will be able to reach viewpoints, waypoints, and find supply points quite easily.

POINT INFO :

https://www.google.com/maps/d/u/0/edit?mid=1hp-L_q_Wf6u53dV8RDISWozQZVrnpVo&usp=sharing



Runners are not permitted to sleep in any other places than those encountered along the route. Campervans are prohibited!

SUPPORT ON THE COURSE

To ensure fairness among competitors, it is forbidden to be accompanied during all or part of the race by an unregistered person (pacer, mountain biker, etc.), outside the tolerance zones near the refreshment areas. Race stewards may issue penalties in real time in the event of non-compliance with the rules, or even disqualification. Poles are permitted.

COMPLIANCE WITH THE REGULATIONS

At the time of registration, each runner confirms that they have read and comply with the rules. These rules may be modified at any time and the latest version is the official version. Please take note of the changes and respect them for the good of the race. <https://grandtrail.be/summer/reglement/>

RESPECT FOR VOLUNTEERS – THANK YOU!



We place particular importance on respecting others. The volunteers you'll meet along the route are here to help you. Please respect the EXTRAORDINARY work they do day and night to make this race possible.

They are easily recognizable!



Thanks to our partner FLEXOS who dresses all our volunteers so that they are recognizable and help you achieve your goal as much as possible!

SIGNALERS and HIGHWAY CODE

Although we have a great team of volunteers manning the various flagging stations, each participant must comply with the Highway Code. Runners are solely responsible for crossing roads, and they waive any liability against the organizers in the event of any damage or subsequent consequences that may occur during your race. Your registration constitutes acceptance of these rules.



qomIT srl
Parc d'activités du Grand-Hû
Rue des Artisans, 2A
4877 Olne

04/259 98 98
info@flexos.be

Olivier ROYEN, ses associés et son personnel

Matériel et service informatique pour indépendants, PME, professions libérales,
administrations, écoles, ...
+ de 20 ans d'expérience technique !

www.flexos.be

TRACE GPX

GT85 : <https://grandtrail.be/app/uploads/2025/05/gt85-2025.gpx>

GT42: <https://grandtrail.be/app/uploads/2025/05/gt42-2025.gpx>

GT21 : <https://grandtrail.be/app/uploads/2025/05/gt21-2025.gpx>

GT11 : <https://grandtrail.be/app/uploads/2025/05/gt11-2025.gpx>



Having the GPX track loaded on your watch/smartphone is strongly recommended, and even mandatory for the GT85.
The routes will of course be 100% marked BUT the unmarking is unfortunately very frequent and is beyond our control.

Each runner is warned and is responsible for how they operate in the event of problems.

INTERDICTION :

These courses use many **private passages** that are inaccessible outside of race day. We have the trust of the owners. Don't break that trust by using them outside of the GTLC event.



HOW TO GET TO OVIFAT?

Departure site: <https://goo.gl/maps/MakQHvsqam2qdTNWA>

PARKING :



! Favor carpooling !

Anticipate your arrival and the fact that you may have to walk for some time after parking...

Parking is limited!

Parking 1 and 2 (private):

OPEN from Saturday - 7:00

Ski slope parking: Reserved for volunteer members only upon presentation of a PASS. Any unauthorized vehicle will be removed by the authorities.

Due to lack of parking, please park on the sides of the roads and favor **carpooling**.

Please respect the police orders and posted signs. Please also respect private properties and gardens.

These parking lots are available to runners ONLY for the duration of the race.

No parking possible before Saturday, May 17 - 7:00 a.m.

These 2 parking lots must be vacated by midnight.

Specific signage has been put in place to arrive at the GTLC site; please respect it.

RESPECT NO ENTRY signs to avoid traffic jams and to maintain access in case of emergency.

Below are the different signs you will encounter.





PHOTOS & VIDEOS

We will share the photos on our website [Official Photos – Grand Trail des Lacs & Châteaux](#) as well as on our Facebook page.

Click on the icon to follow us on social media!



SPORTOGRAPH



<https://www.sportograf.com/fr/event/14179>

**Register now to receive your
photos by email!**

SHOWER TOILETS

Two [CITY WASH](#) shower trucks will be in place throughout the day on Saturday (hot water).



NEW !!!

LOCKER ROOMS

Men's and women's changing rooms will be installed under the gazebo to allow you to change if you do not wish to queue for the showers.



WC

The [REMONDIS](#) toilets will be installed at all refreshment points as well as at the Ovifat departure site.





WEAR YOUR EXTRODINARY !

<https://eshop.grandtrail.be/>



Pulls
Caps
Microfiber cloths
Neck warmer
Bonnets

But still some VINTAGE items from the Grand Trail
des Lacs et Châteaux!

SHOP by GTLC En édition limitée !!!

BAR & SNACKS



Snacks on site from 12 p.m. to 10 p.m. And our beer to share: [La Grande BIERE des Lacs et Châteaux](#) per 75cl bottle as well as [LUPULUS PLACEBO](#) 0%.



ACCOMMODATION



Would you like to return to our superb region for a GTLC 2025 edition?

Are you looking for a gîte to accommodate the whole family or friends?

Thanks to the code

our partner "[Holiday homes - Lodomez Family](#)"

offers you a 5% discount on your reservation!

Gathering around the same table, the same drink, the same trail, it gives you crazy memories!

Code valid until the end of 2025 on all accommodations at [www.vakantiehuis.be](#). Don't delay in booking for the Summer edition on May 17, 2025 and the next Winter!



maisons de vacances

FAMILLE LODOMEZ

Aux portes des Ardennes et au Coeur des Fagnes

ECOLOGY

**1 Gobelet Rendu =
1 événement DURABLE**

♻️

Zéro caution, mais 100% confiance.

Rapporte ton gobelet

Réduis notre impact !

Merci de faire ta part, on compte sur toi !



Please place your used cups in the cup collection points at the exit of the marquee.



Do not throw them in the black bins for other waste.



FINISH LINE, MEDAILLES & PODIUM

The FINISH LINE is located at the top of the ski slope.

All finishers will be awarded a medal upon arrival.

The podiums will reward the first 3 in each distance, Men and Women.

The podium time is not determined in advance. It will be organized approximately 30 minutes after the third-place finisher.

You all gained something from this experience!



Thank you from the bottom of our hearts to all those who have placed their trust in us.

Thank you to all our loyal partners and all the top-notch volunteers, whether they are individuals or from groups.

They ensure your safety and make sure you don't miss anything.



THANK YOU a thousand times

for your presence on the most
beautiful trails in Belgium, those of the Grand Trail des Lacs et Châteaux!

The GTLC organizers and the GOLDEN CORE

Events organized by ENJOY SPORT INFINITY



July 12, 2025: Salm Triathlon | Sprint Distance and Olympic Distance
https://www.facebook.com/events/561155303747876?locale=fr_FR

November 8, 2025 : GTLC Winter 65km | 35km | 22km | 12km
Belgian Trail Running Long Distance Championship on the GT65

April 24, 2026: BueRun in Liège. More than 2200 steps, 8.7km, solo or in pairs
https://www.facebook.com/events/984470787095265?locale=fr_FR

May 16/17, 2026: GTLC Summer GT160 | 85km | 42km | 21km | 16km | TRI +
Return of the GT160



GT 85

85.8 KM – 3174 D+

Saturday, May 17, 2025 at 5:00 AM

400 runners

Maximum race time: 18 hours

Fastest time: approximately 7h50

Point de passage	Alt. (m)	Km Inter	Km Cumul	Cumul D+	Barrière Horaire (rapide)	Barrière Horaire (lente)	STOP	Ravitaillement
OVIFAT	599	0	0	0	5h00	5h00		
BARRAGE DE ROBERTVILLE	510	12,4	12,4	380	6h00	7h45		🚰 🍌 🩹
ECOLE DE MALMEDY	359	19,4	31,8	1331	7h50	11h40		🚰 🍌 🩹 📅
BERGERIE STAVELOT	449	22	53,8	2031	09h50	16h15		🚰 🍌 🩹 📅
MALMEDY (INTERMILLS)	336	13,3	67,1	2453	11h10	19h15		🚰 🍌 🩹
OVIFAT	599	18,7	85,8	3174	12h50	23h00		🚰 🍌 🩹

Liquide
 Solide
 Repas chaud
 Poste de secours
 Trousse de secours
 Sac perso

DÉPART



Liquide
 Solide
 Repas chaud
 Poste de secours
 Trousse de secours
 Sac perso
















GT 42

46.4 KM – 1820 D+

Saturday, May 17, 2025 at 11:00 a.m.

600 runners
Maximum race time: 8h00
Fastest time: approximately 3h40

Point de passage	Alt. (m)	Km Inter	Km Cumul	Cumul D+	Barrière Horaire (rapide)	Barrière Horaire (lente)	STOP	Ravitaillement
OVIFAT	599	0	0	0	11h00	11h00		
BARRAGE DE ROBERTVILLE	510	12,4	12,4	362	11h55	13h15		  
MALMEDY (INTERMILLS)	336	15,4	27,8	1069	13h15	15h45		
OVIFAT	599	18,6	46,4	1820	14h40	19H00		   

 Liquide  Solide  Repas chaud  Poste de secours  Trousse de secours





GT 21

23.1 KM – 775 D+

Saturday, May 17, 2025 at 9:00 a.m.

600 runners

Maximum race time: 4 hours

Fastest time: approximately 1 hour 40 minutes

Point de passage	Alt. (m)	Km Inter	Km Cumul	Cumul D+	Barrière Horaire (rapide)	Barrière Horaire (lente)	STOP	Ravitaillement
OVIFAT	599	0	0	0	09h00	09h00		
BARRAGE DE ROBERTVILLE	506	12,4	12,4	349	09h50	11h20		🔵🟡🔴🛖
OVIFAT	599	10,7	23,1	775	10h40	13h15		🔵🟡🔴🛖

🔵 Liquide 🟡 Solide 🔴 Repas chaud 🛖 Poste de secours 🛖 Trousse de secours










GT 11

13.4 KM – 492 D+

Saturday, May 17, 2025 at 1:00 p.m.

400 runners
Maximum race time: 2 hours
Fastest time: about 50 minutes

Point de passage	Alt. (m)	Km Inter	Km Cumul	Cumul D+	Barrière Horaire (rapide)	Barrière Horaire (lente)	STOP	Ravitaillement
OVIFAT	599	0	0	0	13H00	13h00		
OVIFAT	599	13,4	13,4	492	13h50	15h15		   

-  Liquide
-  Solide
-  Repas chaud
-  Poste de secours
-  Trousse de secours





TRI+

8.2 KM – 606 D+

Saturday, May 17, 2025 at 4:00 p.m.

150 runners
Maximum race time: 2 hours
Fastest time: about 50 minutes

Point de passage	Alt. (m)	Km Inter	Km Cumul	Cumul D+	Barrière Horaire (rapide)	Barrière Horaire (lente)	STOP	Ravitaillement
OVIFAT	599	0	0	0	16H00	16h00		
OVIFAT	599	8,2	8,2	606	16h50	18h00		

Liquide Solide Repas chaud Poste de secours Trousse de secours

DÉPART

OVIFAT
0 km
599m Alt.
+ 0



ARRIVÉE

OVIFAT
8,2 km
599 Alt.
+ 606

Liquide Solide Repas chaud Poste de secours Trousse de secours



Updated 2025.05.07



GT 2

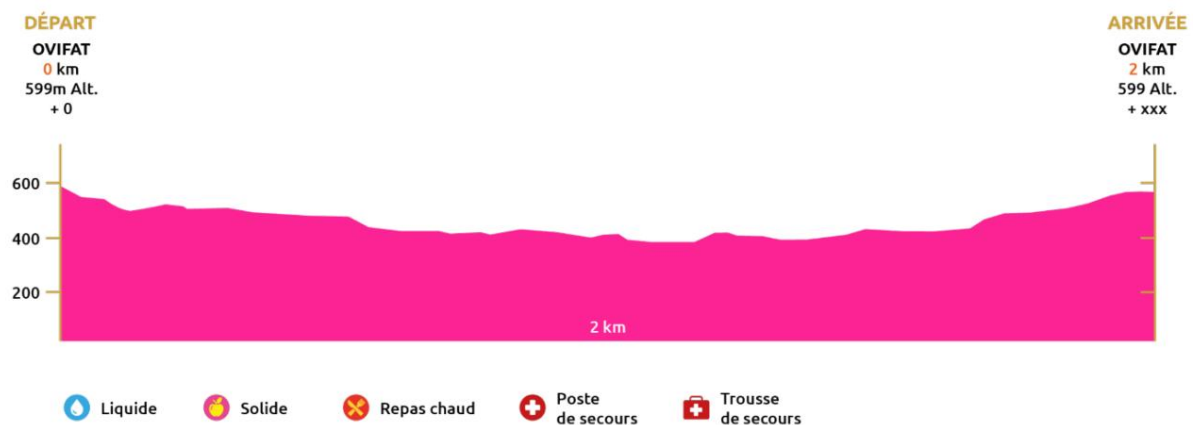
GT2: 2 km and 95 D+

Saturday, May 17, 2025 at 3:00 p.m.

Max running time: 20 min

Fastest time: about 10 min

For children aged 8 to 14



HAVE A LOT OF FUN !!

Enjoy, you're alive!