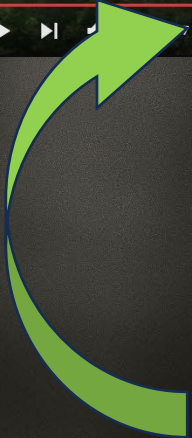




ROADBOOK GTLC Summer



Le Grand Trail des Lacs et Châteaux
15-16-17 May 2026
www.grandtrail.be



*Feel the excitement
and relive the intense
moments of 2025*

RUNNER'S GUIDE

GT160

100M M



2027 QUALIFYING RACE



1. Book a time slot to collect your race number.

13–15 May 2026

This **must** be done via the link below.

<https://www.surveyhero.com/c/wwebmrvv>

2. Race number collection

I will collect my race number at the time I have booked, presenting my registration confirmation email and a valid form of ID (photocopies or photos are not accepted).

Collection time and location:

From 13 to 15 May 2026 at the PEAK brewery from 10am to 6pm.

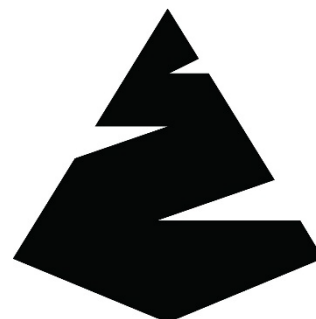
Address: Route de Botrange, 123 – 4950 Waimes

Option to book your 'Pre-Run' meal (limited to 100 meals)

Friday 15 May from 10 pm to 11.30 pm in Vielsalm.

Address: Hall Sportif des Doyards, Rue de la Station, 5 – 6690 Vielsalm

belgium
PEAK
beer



3. Accessibility

Car park 1 – in Ovifat
 Car park 2 – in Ovifat
 Car park 3 – in Ovifat (campervans and vans)

Shuttle booking

This must be done via your personal Ultratiming registration link.

I will arrive 15 minutes before the departure of the shuttle I have booked.

Shuttle departure point:

Rue de la Piste, 4950 Waimes: <https://maps.app.goo.gl/uEZGkBBZ3AFNV7XhE6>

Shuttle 1 – Departure 7.30 pm

Shuttle 2 – Departs 9.30 pm (FULL!)

Price: €10.

To add a 7.30 pm shuttle option, please email info@grandtrail.be

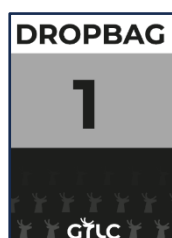
Race start time and location:

Vielsalm - Hall Sportif des Doyards, Rue de la Station, 5 – 6690 Vielsalm

Friday 15 June – 00:00

Parking à Vielsalm : Institut du Sacré Cœur : [Rue des Chars-à-Boeufs 12, 6690 Vielsalm](#)

4. Drop off your Drop Bag



Friday between 10.00 pm and 11.30 pm after collecting your race number, in Vielsalm.

You may bring two bags of personal belongings, which will be transported by the organisers to two different refreshment points. You must drop these off at the Drop Bag tent in Vielsalm. You can collect them in Ovifat from Saturday onwards at the 'Left Luggage' stand.

These will be labelled with your race number.
Maximum capacity of 30 litres per bag.

OPTION: Shuttle transport – take your bags with you.
 Grey wristband: (R3: KM43) Blue wristband: (R7: KM 104)



5. GPS trackers

Equipped with a GPS tracker. Precise real-time positioning and estimated waypoints. This tracker will be issued when you enter the start area in Vielsalm. It must be returned to the organisers; failure to do so will result in a charge of €100.

<https://trackmium.web.app/rr-public-map/397368/contest/1>

6. Compulsory equipment

- Mobile phone: fully charged with emergency numbers saved
- Backpack containing the compulsory equipment
- ID card
- Reusable cup (minimum 15cl)
- At least 1 litre of extra water
- Head torch in working order with sufficient battery life for the duration of your run.
- Adult-sized survival blanket
- Sufficient food supplies: gel or solid food
- Rain jacket

Must be saved in your smartphone

RACE SOS NUMBER: 0032 471 20 36 21

App: 112

7. GPX TRACK

Download:

<https://grandtrail.be/app/uploads/2026/05/gt160-summer-2026-gt160.gpx>



FORD crossing !! KM 139

8. ROUTE INFO



168 KM – 6241 m elevation gain

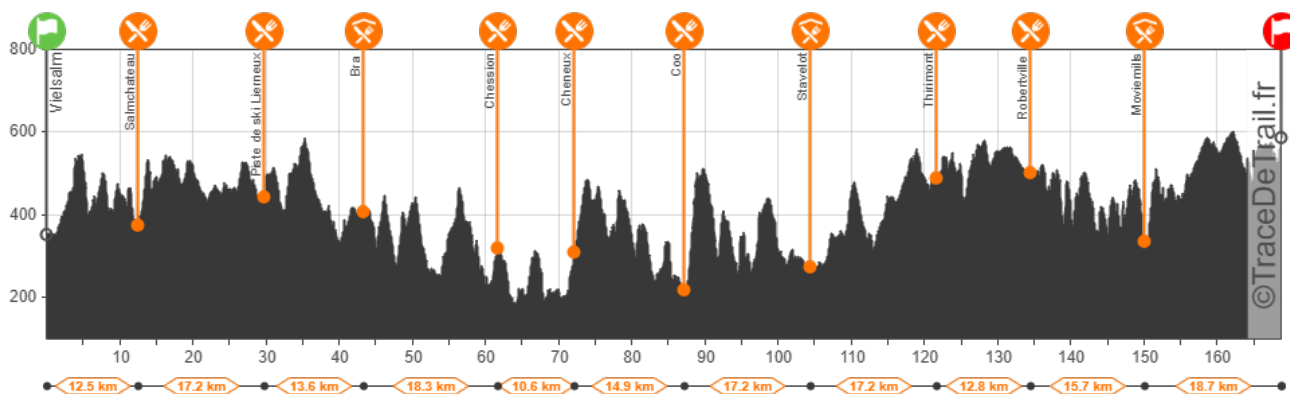
Friday 15 May 2026 at 00:00

400 entrants

Maximum race time: 40 hours

Fastest time: approx. 21h20

Route: [Trail route](#)



Départ - Vielsalm				Accès / zone supporters	Parking	Toilettes	Vestiaires	00:01	00:01	
Distance	Altitude	D+	D-					Premier		
0 km	353 m	0 m	0 m					00:01		
↔ 12.5 km ↑ 467 m ↓ 444 m 🏃 01:15 - 9.9 km/h										
Salmchateau				Barrière horaire	Ravitaillement	Toilettes		01:16	03:00	
Distance	Altitude	D+	D-					Premier		
12.5 km	376 m	467 m	444 m					01:16		
↔ 17.2 km ↑ 545 m ↓ 479 m 🏃 01:58 - 8.7 km/h										
Piste de ski Lierneux				Barrière horaire	Boisson chaude	Ravitaillement	Toilettes	03:15	07:15	
Distance	Altitude	D+	D-					Premier		
29.7 km	444 m	1012 m	923 m					03:15		
↔ 13.6 km ↑ 413 m ↓ 449 m 🏃 01:37 - 8.3 km/h										
Bra				Barrière horaire	Base vie	Drop zone	Ravitaillement chaud	Recharge	Toilettes	
Distance	Altitude	D+	D-					Premier		
43.3 km	408 m	1425 m	1372 m					04:53	10:20	
↔ 18.3 km ↑ 744 m ↓ 830 m 🏃 02:17 - 7.9 km/h										
Chession				Barrière horaire	Ravitaillement chaud	Secours	Toilettes	07:11	15:00	
Distance	Altitude	D+	D-					Premier		
61.6 km	320 m	2169 m	2202 m					07:11		
↔ 10.6 km ↑ 304 m ↓ 315 m 🏃 01:15 - 8.4 km/h										
Cheneux				Barrière horaire	Ravitaillement	Toilettes		08:27	17:15	
Distance	Altitude	D+	D-					Premier		
72.1 km	310 m	2473 m	2517 m					08:27		
↔ 14.9 km ↑ 569 m ↓ 654 m 🏃 01:55 - 7.7 km/h										
Coo				Barrière horaire	Boisson chaude	Ravitaillement	Toilettes	10:22	20:45	
Distance	Altitude	D+	D-					Premier		
87.1 km	224 m	3042 m	3171 m					10:22		
↔ 17.2 km ↑ 793 m ↓ 740 m 🏃 02:26 - 7.1 km/h										
Stavelot				Barrière horaire	Base vie	Drop zone	Ravitaillement chaud	Recharge	Secours	Toilettes
Distance	Altitude	D+	D-					Premier		
104.3 km	277 m	3835 m	3911 m					12:49	00:15	
↔ 17.2 km ↑ 569 m ↓ 357 m 🏃 02:08 - 8 km/h										
Thirimont				Barrière horaire	Boisson chaude	Ravitaillement	Toilettes	14:57	04:20	
Distance	Altitude	D+	D-					Premier		
121.5 km	491 m	4404 m	4268 m					14:57		
↔ 12.9 km ↑ 341 m ↓ 327 m 🏃 01:35 - 8.1 km/h										
Robertville				Barrière horaire	Boisson chaude	Ravitaillement	Toilettes	16:33	07:20	
Distance	Altitude	D+	D-					Premier		
134.4 km	502 m	4745 m	4595 m					16:33		
↔ 15.7 km ↑ 755 m ↓ 919 m 🏃 02:12 - 7.1 km/h										
Moviemills				Barrière horaire	Base vie	Ravitaillement chaud	Recharge	Toilettes	18:45	
Distance	Altitude	D+	D-					Premier		
150.1 km	339 m	5500 m	5514 m					18:45	11:00	
↔ 18.7 km ↑ 741 m ↓ 478 m 🏃 02:34 - 7.3 km/h										
Arrivée - Ovífat				Accès / zone supporters	Barrière horaire	Douche	Ravitaillement chaud	Secours	Toilettes	
Distance	Altitude	D+	D-					Premier		
168.7 km	602 m	6241 m	5992 m					21:20	16:00	

RUNNER'S GUIDE

GT85

100K / M

1. Book a time slot to collect your race number.

13–15 May 2026

This **must** be done via the link below.

<https://www.surveyhero.com/c/wwebmrwv>

2. Race number collection

I will collect my race number at the time I have booked, presenting my registration confirmation email and a valid form of ID (photocopies or photos are not accepted).

Collection time and location:

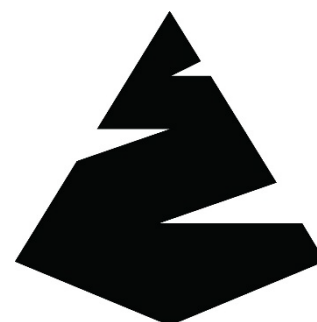
From 13 to 15 May 2026 at the PEAK brewery, from 10am to 6pm.

Address: Route de Botrange, 123 – 4950 Waimes

You can book your 'Pre-Run' meal (limited to 100 meals)

Saturday 15 May from 4.00 am to 4.45 am in Ovifat.

Address: Rue de la Piste, 1 – 4950 Waimes



3. Access

Car park 1 – in Ovifat

Car park 2 – in Ovifat

Car park 3 – in Ovifat (campervans and vans)

Race start time and location:

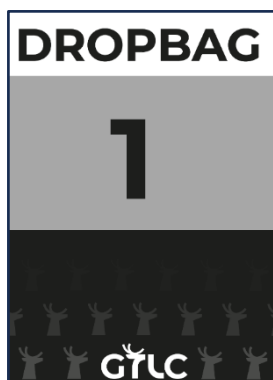
Ovifat – Rue de la Piste, 1 – 4950 Waimes

Saturday 05:00

4. Drop off your drop bag

Saturday between 4.00 am and 4.45 am after collecting your race number, at the Ovifat site.

You may bring one bag of personal belongings, which will be transported by the organisers to one refreshment point. You must drop it off at the Drop Bag tent. Collection in Ovifat from Saturday after your arrival at the 'Consignes' stand



It will be labelled with your race number.
Maximum capacity of 30 litres per bag.

OPTION: Shuttle transport – take your bags with you.

Purple wristband: (R2: KM32)



5. Compulsory equipment

- Mobile phone: fully charged with emergency numbers saved
- Carry bag containing the compulsory equipment
- ID card
- Reusable cup with a minimum capacity of 15cl
- At least 1 litre of extra water
- Head torch in working order with sufficient battery life for the duration of your run.
- Adult-sized survival blanket
- Sufficient food supplies: gel or solid food
- Rain jacket

Must be saved in your smartphone

RACE SOS NUMBER: 0032 471 20 36 21

App: 112

6. GPX TRACK

Download:

<https://grandtrail.be/app/uploads/2026/05/gtlc-summer-2026-gt85.gpx>



FORD crossing !! KM 17

7. ROUTE INFORMATION

G785

100K M

88.15 km – 3,352 m elevation gain

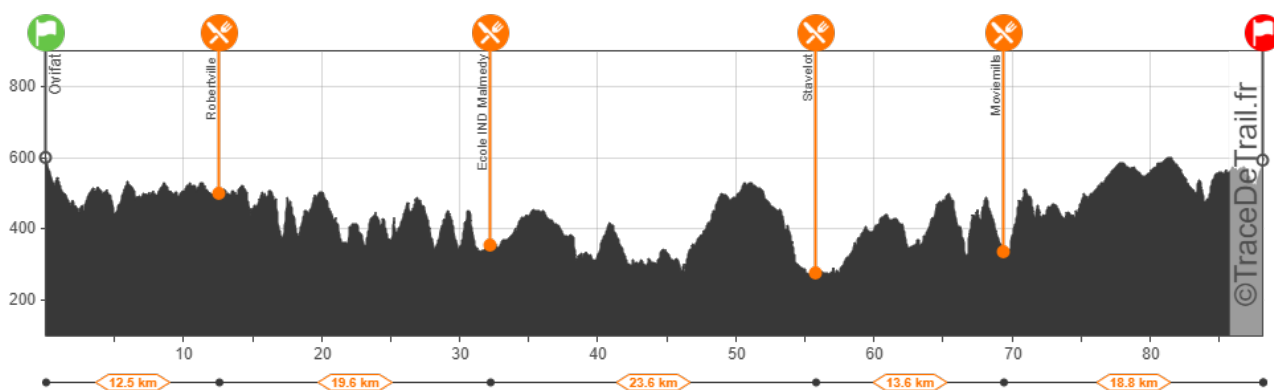
Saturday 16 May 2026 at 05:00

380 entrants

Maximum race time: 18:00

Fastest time: approx. 07:35

Route: [Trail route](#)



Point	Distance	Altitude	D+	D-	Accès / zone supporters	Parking	Toilettes	Vestiaires	Time
Départ	0 km	601 m	0 m	0 m					05:00
↔ 12.5 km ⬆️ 379 m ⬇️ 476 m ⚡️ 00:54 - 13.8 km/h									
Robertville	12.5 km	502 m	379 m	476 m	Barrière horaire	Boisson chaude	Ravitaillement	Toilettes	07:45
↔ 19.6 km ⬆️ 981 m ⬇️ 1128 m ⚡️ 01:46 - 11.1 km/h									
Ecole IND malmedy	32.2 km	358 m	1360 m	1604 m	Barrière horaire	Boisson chaude	Drop zone	Ravitaillement	Toilettes
↔ 23.6 km ⬆️ 668 m ⬇️ 748 m ⚡️ 01:56 - 12.2 km/h									
Stavelot	55.8 km	277 m	2028 m	2352 m	Barrière horaire	Ravitaillement chaud	Secours	Toilettes	16:00
↔ 13.6 km ⬆️ 578 m ⬇️ 514 m ⚡️ 01:14 - 11 km/h									
Moviemills	69.4 km	339 m	2606 m	2866 m	Barrière horaire	Boisson chaude	Ravitaillement	Toilettes	19:15
↔ 18.8 km ⬆️ 746 m ⬇️ 485 m ⚡️ 01:44 - 10.8 km/h									
Arrivée	88.2 km	602 m	3352 m	3351 m	Barrière horaire	Douche	Ravitaillement	Secours	Toilettes
↔ 18.8 km ⬆️ 746 m ⬇️ 485 m ⚡️ 01:44 - 10.8 km/h									

RUNNER'S GUIDE



GT 42



50K M

1. Race number collection

I will collect my race number at the time I booked my slot by presenting my registration confirmation email and a valid ID (photos or copies are not accepted).

Collection time and location:

Sunday 17 May from 7.15 am to 8.45 am in Ovifat.

Address: Rue de la Piste, 1 – 4950 Waimes

2. Access

Car park 1 – in Ovifat

Car park 2 – in Ovifat

Car park 3 – in Ovifat (campervans and vans)

Race start time and location:

Ovifat – Rue de la Piste, 1 – 4950 Waimes

Sunday 09:00

3. Compulsory equipment

- Mobile phone: fully charged with emergency numbers saved
- Backpack containing the compulsory equipment
- ID card
- Reusable cup (minimum 15cl)
- Extra water: at least 1 litre
- Adult-sized survival blanket
- Sufficient food supplies: gel or solid food
- Rain jacket

Must be stored on your smartphone

SOS PC COURSE number: 0032 471 20 36 21

App: 112

4. GPX TRACK

Download:

<https://grandtrail.be/app/uploads/2026/05/gtlc-summer-2026-gt42.gpx>



FORD crossing!! KM 17

5. INSTRUCTIONS

You can leave your bag (maximum 10 litres).
Your race number will be written on a label.
We accept no liability for loss or theft.

Opening hours: 07:00 - 18:00

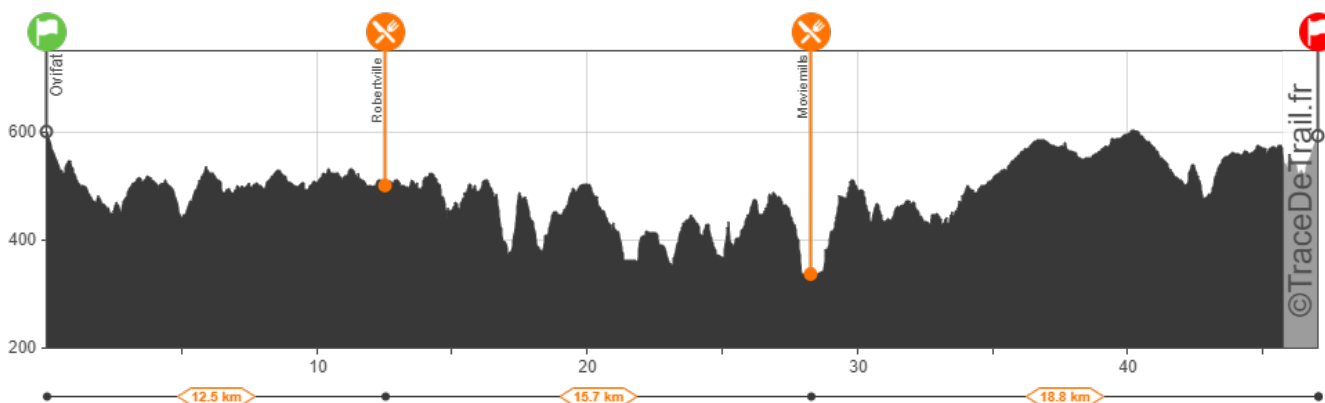
6. Route information



47 KM – 1,888 m elevation gain
 Sunday 17 May 2026 at 09:00

800 entrants
 Maximum race time: 8 hours
 Fastest time: approx. 3 hours

Route: [Trail route](#)



Départ	Distance	Altitude	D+	D-	Accès / zone supporters	Parking	Toilettes	Vestiaires	09:00		
	0 km	601 m	0 m	0 m							
↔ 12.5 km ⬆️ 378 m ⬇️ 475 m 🏃 00:56 - 13.2 km/h											
Robertville	Distance	Altitude	D+	D-	Barrière horaire	Ravitaillement	Toilettes		11:15		
	12.5 km	502 m	378 m	475 m							
↔ 15.7 km ⬆️ 759 m ⬇️ 924 m 🏃 01:23 - 11.3 km/h											
Moviemills	Distance	Altitude	D+	D-	Barrière horaire	Ravitaillement	Toilettes		13:45		
	28.3 km	337 m	1137 m	1399 m							
↔ 18.8 km ⬆️ 751 m ⬇️ 488 m 🏃 01:41 - 11.1 km/h											
Arrivée	Distance	Altitude	D+	D-	Accès / zone supporters	Barrière horaire	Douche	Ravitaillement	Secours	Toilettes	17:00
	47 km	602 m	1888 m	1887 m							

RUNNER'S GUIDE

GT 21

20K / M

1. Drop-off car park MANDATORY

From 6am, the village of Ovifat will be closed to riders in the GT21, GT11 and Tri+ categories.

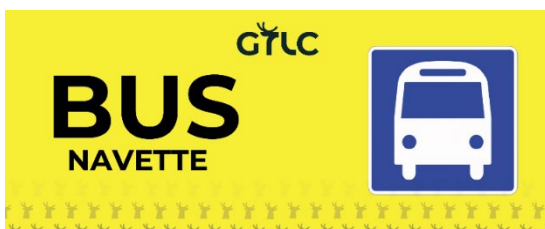
The municipality of Waimes has designated a drop-off point 15 minutes away to protect the village and its residents.

MANDATORY parking location: Elsenborn-Butgenbach Air Base

<https://maps.app.goo.gl/6PzQ3vPmv8Zf4vx7>

Bus journey time: 15 minutes

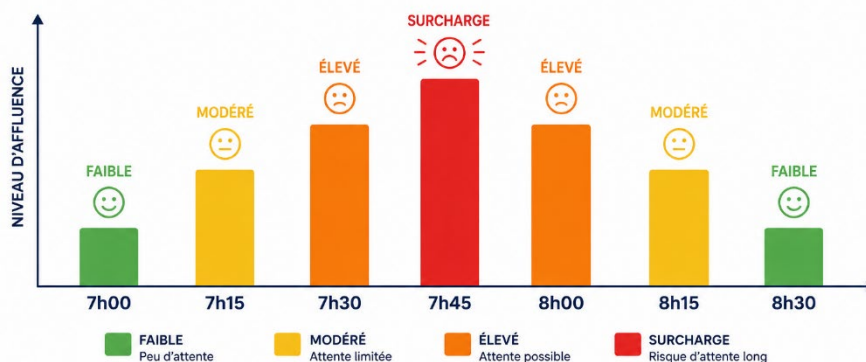
Bus timetable (return): every 15 minutes



ÉVITEZ LA SURCHARGE !

Choisissez un créneau en dehors des heures pleines pour un trajet plus fluide.

2 BUS DE 70 PERSONNES TOUTES LES 15 MINUTES



PENSEZ À RÉSERVER VOTRE CRÉNEAU !

Merci de vous présenter 10 minutes avant votre horaire de départ.



Moins de monde
= moins d'attente !

2. Race number collection

I'm coming to collect my race number:

Collection time and location:

- From 13 to 15 May 2026 at the PEAK brewery from 10am to 6pm.

Address: Route de Botrange, 123 – 4950 Waimes

Option to book your 'Pre-Run' meal
(Limited to 100 meals)

- On the day: Saturday 16 May from 7.15 am to 8.45 am in Ovifat.

Address: Rue de la Piste, 1 – 4950 Waimes

Race start time and location:

Ovifat – Rue de la Piste, 1 – 4950 Waimes

Saturday 9.00 am



Collect your race number before the big day.

13–15 May 2026

This **must** be done via the link below.

<https://www.surveyhero.com/c/wwebmrwv>

I will collect my race number at the time I have booked, presenting my registration confirmation email and a valid form of ID (photos or copies are not accepted).

3. Essential equipment

- Mobile phone: fully charged with emergency contact numbers saved
- Backpack containing the mandatory equipment
- ID card
- Reusable cup with a minimum capacity of 15cl
- Extra water: at least 1 litre
- Adult-sized survival blanket
- Sufficient food supplies: gel or solid food
- Rain jacket

Must be stored on your smartphone

SOS PC COURSE number: 0032 471 20 36 21

App: 112

4. INSTRUCTIONS

You may leave your bag (maximum 10 litres).

Your race number will be written on a label.

We accept no liability for loss or theft.

Opening hours: 07:00 – 18:00

5. GPX TRACK

Download:

<https://grandtrail.be/app/uploads/2026/05/gtgc-summer-2026-gt21.gpx>



6. ROUTE INFO



20K M

23.1 KM – 827 m elevation gain

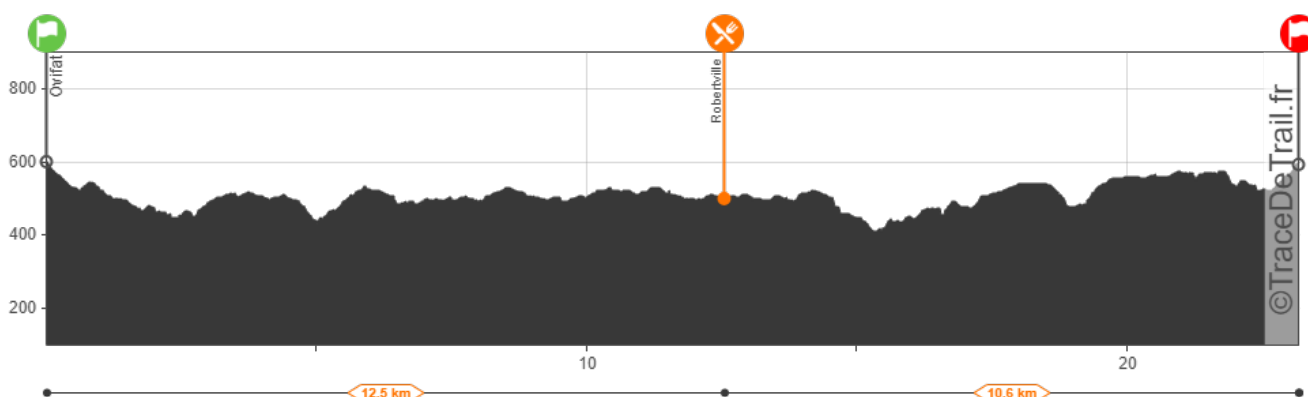
Saturday 16 May 2026 at 09:00

800 runners

Maximum race time: 4 hours

Fastest time: approx. 1h 40m

Route: [Trail route](#)



Point	Distance	Altitude	D+	D-	Start Time	End Time	Services
Départ	0 km	601 m	0 m	0 m	09:00	09:00	Accès / zone supporters, Parking, Toilettes, Vestiaires
↔ 12.5 km ⬆️ 379 m ⬇️ 476 m ⏱️ 00:51 - 14.5 km/h							
Robertville	12.5 km	502 m	379 m	476 m	09:51	11:20	Barrière horaire, Ravitaillement, Toilettes
↔ 10.6 km ⬆️ 448 m ⬇️ 350 m ⏱️ 00:46 - 13.7 km/h							
Arrivée	23.2 km	602 m	827 m	826 m	10:38	13:00	Accès / zone supporters, Barrière horaire, Douche, Ravitaillement, Secours, Toilettes

RUNNER'S GUIDE



1. Drop-off car park MANDATORY

From 6am, the village of Ovifat will be closed to runners in the GT21, GT11 and Tri+ categories.

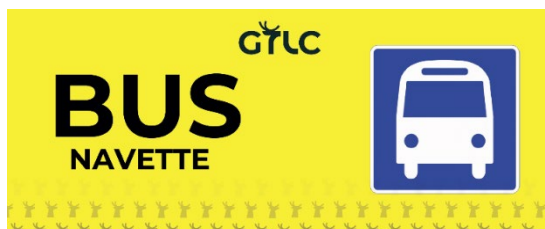
The municipality of Waimès has designated a drop-off point 15 minutes away to protect the village and its residents.

MANDATORY parking location: Elsenborn-Butgenbach Air Base

<https://maps.app.goo.gl/6PzQ3vPmv8Zf4vx7>

Bus journey time: 15 minutes

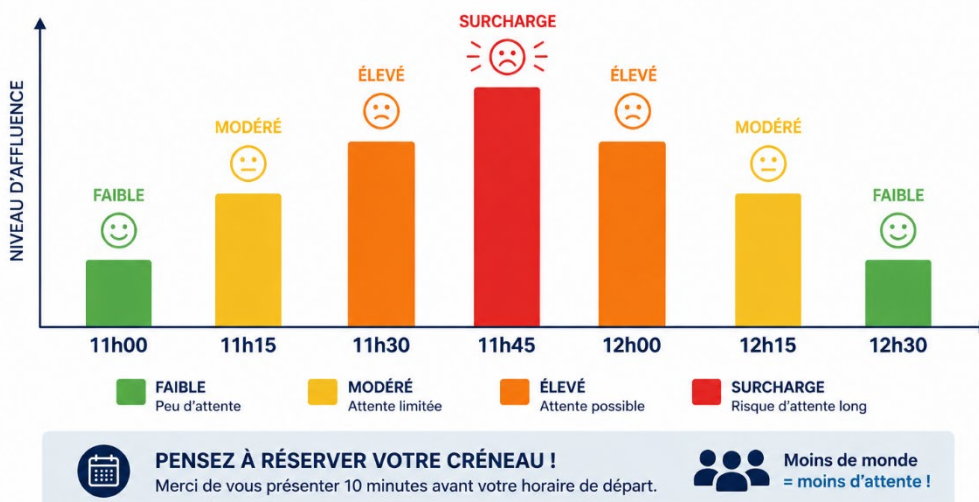
Bus timetable (return): every 15 minutes



ÉVITEZ LA SURCHARGE !

Choisissez un créneau en dehors des heures pleines pour un trajet plus fluide.

2 BUS DE 70 PERSONNES TOUTES LES 15 MINUTES



2. Race number collection

Race start time and location:

Ovifat – Rue de la Piste, 1 – 4950 Waimes
 Saturday 13:00

Time and place for collecting race numbers on the day:

Saturday 16 May from 11.30 am to 12.45 pm in Ovifat.

Address: Rue de la Piste, 1 – 4950 Waimes

Time and place of race start:

Ovifat – Rue de la Piste, 1 – 4950 Waimes
 Saturday 13:00

I will collect my race number with a valid **form of ID** (photos or copies are not accepted).

3. INSTRUCTIONS

You may leave your bag (maximum 10 litres).

Your race number will be written on a label.

We accept no liability for loss or theft.

Opening hours: 07:00 – 18:00

4. Essential equipment

- Mobile phone: fully charged with emergency numbers saved
- ID card
- Reusable cup (minimum 15cl)
- Adult-sized survival blanket
- Sufficient food supplies: water and gel or solid food

Must be saved in your smartphone

RACE SOS NUMBER: 0032 471 20 36 21

App: 112

5. GPX TRACK

Download:

<https://grandtrail.be/app/uploads/2026/05/gt1c-summer-2026-gt11.gpx>



6. ROUTE INFO

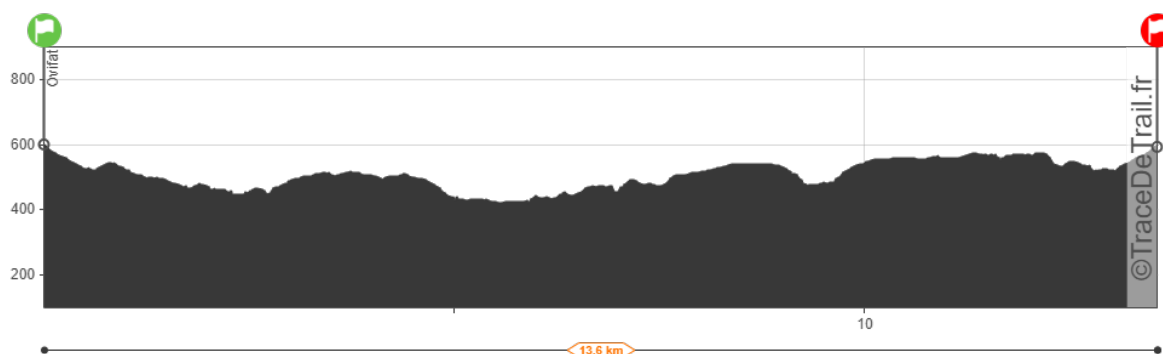


13.6 KM – 527 m elevation gain
Saturday 16 May 2026 at 1.00 pm

380 runners
Maximum race time: 2 hours 15'
Fastest time: approx. 50 mins

Route: [Trail route](#)

Départ	Altitude	D+	D-	Accès / zone supporters	Parking	Toilettes	Vestiaires	13:00		
Distance: 0 km	601 m	0 m	0 m			Premier		13:00		
↔ 13.6 km ↑ 527 m ↓ 526 m ⚡ 00:54 - 14.8 km/h										
Arrivée	Altitude	D+	D-	Accès / zone supporters	Barrière horaire	Douche	Ravitaillement	Secours	Toilettes	15:15
Distance: 13.6 km	602 m	527 m	526 m					Premier		15:15



RUNNER'S GUIDE

GT TRI+

8.2 km – 598 m elevation gain
 Saturday 16 May 2026 at 4.00 pm

70 runners
 Maximum race time: 2 hours
 Fastest time: approx. 45 mins
 Route: [Trail route](#)

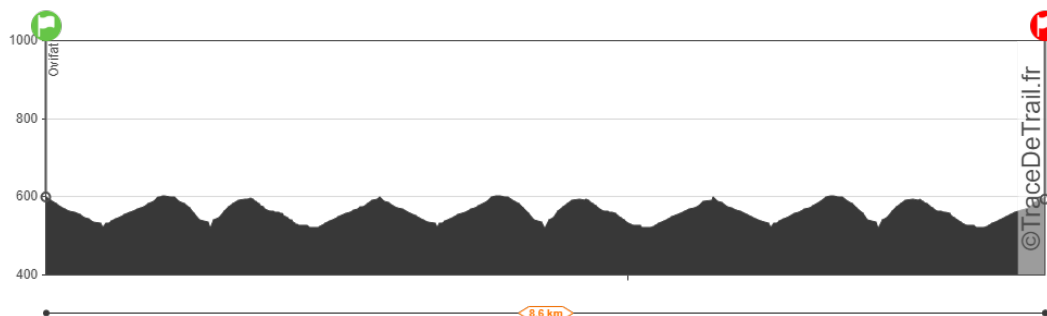
Collection time and location: Saturday 16 May from 3.15 pm to 4 pm in Ovifat.

Drop-off car park MANDATORY: [Elsenborn-Butgenbach Air Base](#)

<https://maps.app.goo.gl/6PzQ3vPmv8Zf4vxF7>

Départ		Accès / zone supporters			Parking	Toilettes	Vestiaires
Distance	Altitude	D+	D-	Premier			
0 km	600 m	0 m	0 m	16:00			16:00

Arrivée		Accès / zone supporters			Barrière horaire	Douche	Ravitaillement	Secours	Toilettes
Distance	Altitude	D+	D-	Premier					
8.6 km	602 m	598 m	596 m	16:44					18:00



RUNNER'S GUIDE

GT2

GT2: 2km and 93m elevation gain

Saturday 16 May 2026 at 3.00 pm

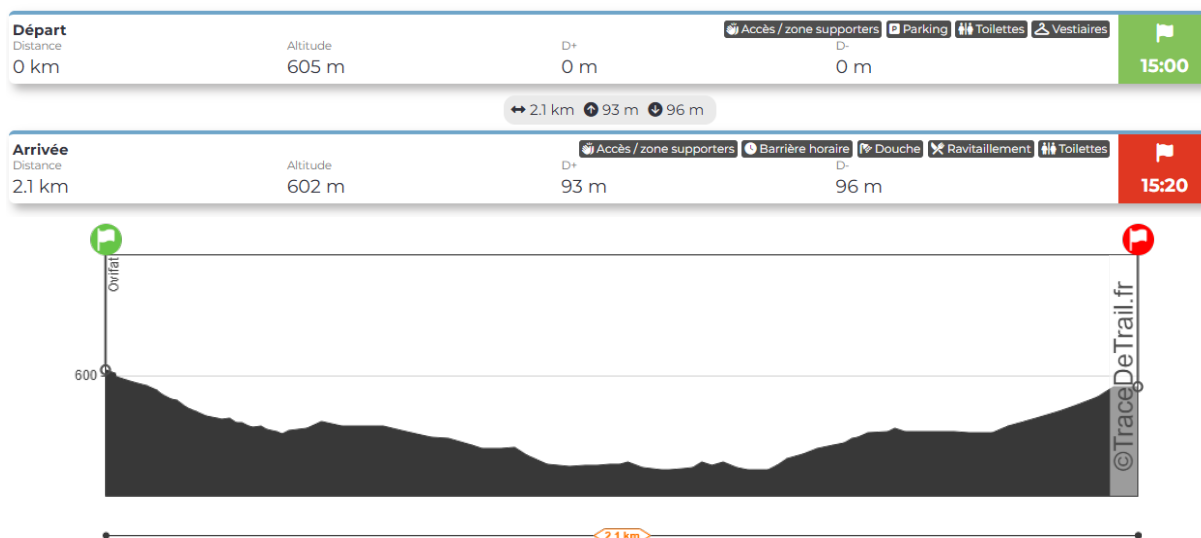
Collection your bib : Saturday 16 May from 2.15 pm to 3 pm in Ovirat.

Maximum race time: 20 mins

Fastest time: approx. 10 mins

For children aged 8 to 14

Route: [Trail run](#)



Congratulations on registering for the GTLC Summer 2026!

FINISH LINE ADDRESS:



Ovifat Ski Slope - Rue de la Piste, 1
4950 Ovifat – Belgium

REGISTRATION

NO ON-THE-DAY REGISTRATION

NO changes to name or distance on the day after 06/05/2026

RACE NUMBER COLLECTION

I will collect my race number during my allocated time slot by presenting my **registration confirmation** email and a valid **form of ID** (photos or copies are not accepted).



LIVE TRACKING

The race number must be worn on the chest or stomach and be fully visible throughout the race. This race number will give you access to refreshment stations and the race village.



Timing chips are attached to the back of the race number. These will be activated when you cross the mats at the various checkpoints.

Random checkpoints will be set up by the organisers as well as by the Federation.

<https://www.ultratiming.live/evenement/gtlic-summer-2026>

POP UP!!!



From 11.30 pm on Friday, a 'pop-up' will be available on our website www.grandtrail.be

This will allow you or your support team to easily track your favourite runner, monitor their progress through the refreshment stations, and view estimated passing and finishing times, etc.

PARTICIPANT GIFT

To be collected from the MERCHANDISING stand before or after your race.
Opening hours: 07:00 – 18:00

Have you donated this amount to a charity? The cheque will be handed over after the event.

GT160 participants: <https://lespetitspasdelagrenouille.be/> (Welcome at refreshment station R4 in Chession). Your donations will be distributed to this charity.

How do you know if you're eligible? A small 'GIFT' icon is printed on your race number.

TOUJOURS PLUS PROCHE DE VOUS!

shop online
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f i d y | Join us.

TIME CUT-OFFS

These are calculated to ensure participants finish within a set time limit.

The average time is very broad. They are indicated on the tables for each distance.

The time indicated by the time limit is the deadline by which competitors must leave the refreshment station. After this time, runners will be stopped.

We know it can be difficult to accept failure after so much preparation. If we insist on time limits, it is solely for your safety.

TRIGGERING THE EMERGENCY RESPONSE



A race control centre is in operation to centralise and manage all calls.

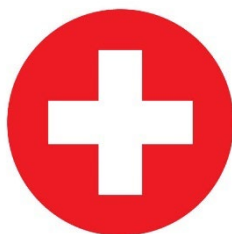
If you need assistance during the race or if you witness an accident:



- You will find volunteers along the entire route who are in constant contact with the Race Control Centre. If you can, approach them.
- If you wish to contact the emergency services yourself: please use the **Race Control Centre's** telephone numbers as a priority SOS **Race Control Centre: 0032 471 20 36 21**

This number is printed on your race number, but we advise you to save it in your phone.

- If you are in an area with no mobile coverage and have no other way of alerting the emergency services, you can use the European emergency number as a last resort: **112**
- In order to locate you quickly and accurately, the Race Control Centre may use the X-Tract system:
 - 1/ You will receive a text message on your mobile (location request)
 - 2/ You click on the link in the text message
 - 3/ The Race Control Centre will locate you immediately



Information to provide:

- Your race number
- The **HELP STATION** number (e.g. H2)
- Nature of the call (withdrawal, minor injury, serious injury, lost)

Depending on the weather conditions, the forecast temperatures may be cold. If you have to remain stationary for a long time, remember to put on dry, warm clothing or use your emergency blanket to prevent hypothermia.

A first-aid post is available on site in Ovatat, staffed by qualified personnel.

DÉCOUVREZ NOS NOUVEAUTÉS

OPEL ASTRA



Disponible en Hybrid, Plug-in Hybrid, Diesel et Electrique



FIAT 500



Disponible en Hybrid et Electrique



JEEP COMPASS



Disponible en Hybrid, Plug-in Hybrid et Electrique



WITHDRAWALS

It is mandatory to report if you withdraw.



If we have to launch a search and rescue operation because you have returned home without notifying us, you will be billed for the costs incurred.



- Withdrawals must be made at refreshment points (R) or at a HELP STATION (H) located on a main road.

- Any runner withdrawing must inform the organisers in one of the

following ways:

By sending a text message to the following number: **0032 471 20 36 21**

Please state your race number, where you withdrew from the race, and how you made your way home (by shuttle bus or by your own means)

We would like to thank [Group SchyNS](#) for lending us the vehicle for the return journey.

Transport is provided to the Ovifat base.

GPS trackers must be returned to the Ovifat base (GT160).

Don't forget this if you're returning by your own means!

If lost: a charge of €100 will apply.



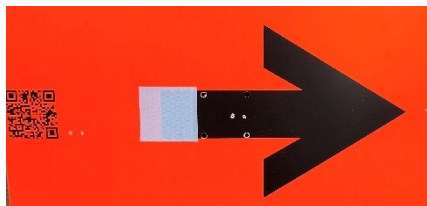
DROP BAG

Rules to follow: (GT160 and GT85)

- Maximum 30 litres. Larger bags will not be transported.
- You must clearly attach the label/wristband in the correct colour with your race number, which we will provide.
- This bag must be closed. Please do not overpack it!
- It must not contain drinks or fragile items. The organisers are not liable for any breakages or loss.
- Nothing must protrude from the bag.
- If you are carrying poles, fold them up and protect the tips!
- To collect your Drop Bag, you must have your race number with you.

Don't forget your Drop Bag; no bags will be returned by post.

MARKINGS

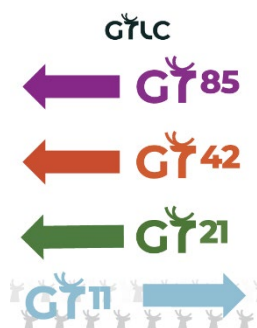


New signposting!!

Our arrows are much larger and orange in colour.

For better visibility at night, the markers have a reflective section. In non-wooded areas, orange chalk markings on the ground will show you the way.

Here is an example of a junction sign, as well as a sign to confirm that you are on the right path after a junction.



GT 160 GT 85
GT 42

REFRESHMENT STATIONS



No cups provided at refreshment stations. You must have your own reusable cup of at least 15cl!



Only runners wearing a visible race number will have access to the refreshment stations. Cold drinks, hot drinks, classic savoury and sweet snacks, fruit, treats.

Hydration and energy intake must be adapted to the weather conditions and enriched with salt throughout the race. You know your personal needs better than anyone!

PLEASE NOTE: Manage your distances from one point to the next!

Mobile refreshment stations are PROHIBITED!

It is forbidden to leave refreshment stations with food supplies, except for water.

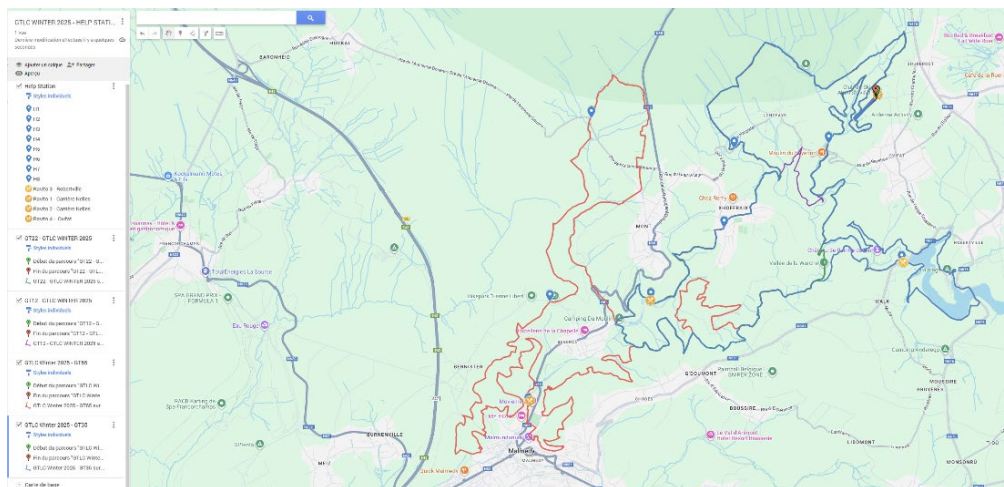
Consumption must take place on site.

Thanks to the [SWDE](#) for their cooperation.

INTERACTIVE MAP OF HELP STATIONS & REFRESHMENT POINTS:

Use this link to the Google map: Click on the pin to get the Google route!

<https://www.google.com/maps/d/edit?mid=1oof0APO9KgJC5yh45zCJNFU0pYAcstY&usp=sharing>

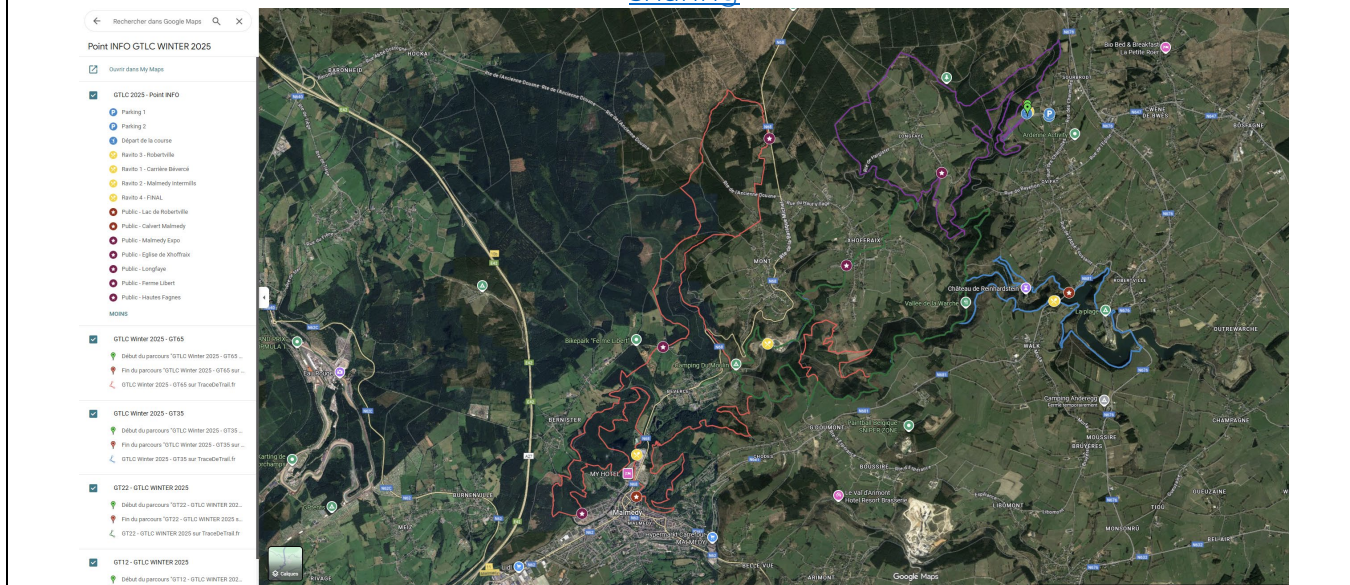


SUPPORTERS

Your support team will be able to visit viewing points, checkpoints and find refreshment points quite easily.

INFO POINT:

<https://www.google.com/maps/d/edit?mid=1N7yX6PkS3tiwkwXDSJKBJXKaHuQRBSw&usp=sharing>



Runners are not permitted to sleep anywhere other than at the designated locations along the route.
Campervans are prohibited!

PERSONAL ASSISTANCE

Personal assistance is prohibited on the course except at refreshment stations and the base camp (50m before and 50m after)

Outside these zones, individual refuelling is prohibited. Checks will be carried out along the route and penalties will be imposed on runners who do not comply with the rules.

Poles are permitted.

Support staff are not permitted to enter the closed refreshment areas.

COMPLIANCE WITH THE RULES

Upon registration, each runner confirms that they have read the rules and will abide by them.

<https://grandtrail.be/summer/reglement/>

RESPECT FOR VOLUNTEERS - THANK YOU!



We place particular importance on respect for others. The volunteers you will meet along the route are there to help you. Please respect the EXTRAORDINARY work they do day and night to make this race possible.

They are easy to spot!



qomIT srl
Parc d'activités du Grand-Hû
Rue des Artisans, 2A
4877 Olne

04/259 98 98
info@flexos.be

Olivier ROYEN, ses associés et son personnel

Matériel et service informatique pour indépendants, PME, professions libérales, administrations, écoles, ...
+ de 20 ans d'expérience technique!

www.flexos.be

Thank you to our partner [FLEXOS](http://flexos.be), who provides all our volunteers with high-visibility clothing so they are easily recognisable and can help you as much as possible to reach your goal!

ROAD MARKERS AND HIGHWAY CODE

All participants must continue to observe the highway code.

Crossing roads is entirely at the runners' own risk, with a waiver of any claim against the organisers in the event of any subsequent injury or damage that may occur during your race. Your registration constitutes acceptance of these rules.

GPX TRACK

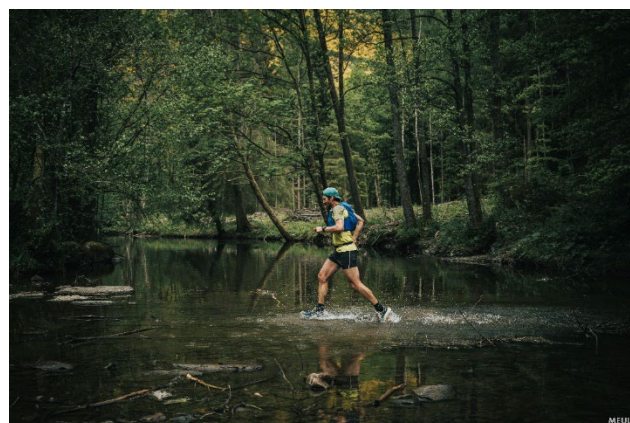
Having the GPX route loaded onto your watch/smartphone is strongly recommended, and indeed mandatory for the GT160 & GT85. The routes will of course be signposted, BUT unfortunately signs are frequently removed, and this is beyond our control. Each runner is advised of this and is responsible for how they manage in the event of any issues.



These routes pass through numerous **private areas** which are off-limits outside of race day.

RACE BRIEFING

Mandatory 10 minutes before the start of the races. After each junction, there is a sign reminding you which race you are on. Download your GPS track onto your watch.



HOW TO GET TO OVIFAT?

Ovifat car park: GT160, GT85, GT42

MANDATORY overflow car park (Elsenborn-Butgenbach Air Base): GT21, GT11, TRI+

<https://maps.app.goo.gl/6PzQ3vPmv8Zf4vxF7>

! Please carpool where possible!

Arrive early! Allow time for parking or factor in the bus shuttle journey.



Out of respect for residents of the village of Ovifat, shuttle buses between Elsenborn and Ovifat are now mandatory on Saturdays between 6:00 and 20:00.

Please comply with the police order and the signage in place.

Please respect private property and gardens in the village of Ovifat!



Specific signage has been put in place to guide you to the GTLC site.

PLEASE RESPECT NO ENTRY SIGNS.

MANDATORY DROP-OFF PARKING TIMES
 Saturday 06:00 – 20:00
 Elsenborn-Butgenbach Air Base



PHOTOS & VIDEOS

We will share the photos on our website [Official Photos – Grand Trail des Lacs & Châteaux](#) as well as on our social media (Facebook and Instagram). Click on the icon!



SPORTOGRAF



<https://www.sportograf.com/de/event/20287/subevents>

Sign up now to receive your photos by email!



SHOWER AND TOILET FACILITIES

Two [CITY WASH](#) shower lorries will be on site all day on Saturday (hot water).

CHANGING ROOMS

Men's and women's changing rooms will also be set up under a canopy so you can get changed.



BAR & SNACKS

For those feeling peckish, a **tasty burger**, prepared on site, will satisfy the appetites of both athletes and their supporters.



A new local partnership.

A unique beer.

With its brewery situated at the highest point in Belgium, Belgium Peak Beer offers a range of beers with regional flavours, brewed using water from the Hautes Fagnes in a unique setting and breathtaking surroundings. Do pop in to sample one of their wonderful dishes in a magnificent setting.



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Brewery address:

Rue de Botrange 123
4950 SOURBRODT



ENVIRONMENT

**1 GOBELET RENDU =
1 événement DURABLE**



Zéro caution, mais 100% confiance.

Rapporte ton gobelet 

Réduis notre impact !

Merci de faire ta part, on compte sur toi !



Please place your used cups in the cup recycling bins at the exit of the marquee.



Do not throw them in the black bins for other waste.

FINISH LINE, MEDALS & PODIUM

The FINISH LINE is located at the top of the ski slope. All finishers who complete the race within the time limit will be presented with a medal upon arrival.

The podium ceremony will honour the top 3 finishers in each distance, for both men and women.

The time of the podium ceremony has not been set in advance. It will take place approximately 30 minutes after the arrival of the ^{third-placed finisher}.

Peu importe le temps que vous avez mis pour franchir la ligne d'arrivée, peu importe votre classement, peu importe votre distance ...

You've all gained something from this experience!

Have your name immortalised on the STARTING LIST banner – Summer 2026



Event PROGRAMME

FRIDAY 15 MAY

- 10.00 pm Vielsalm venue opens
Collection of GT160 race numbers
- 00:00 Start of the GT160

SATURDAY 16 MAY

- 04:00 OVIFAT SITE OPENS
- 04:45 GT85 briefing
- 05:00 GT85 start
- 08:45 GT21 briefing
- 09:00 GT21 start
- 10:30 First GT21 finishers
- 12:00 Snack bar opens
- 12:35 First GT85 arrivals
- 12:45 GT11 briefing
- 13:00 GT11 start
- 13:45 First GT11 finishers
- 14:45 GT2 briefing
- 15:00 Start of the GT2 Kids Run
- 3.45 pm TRI+ briefing
- 4.00 pm Start of TRI+
- 4.45 pm First TRI+ finishers
- 6.30 pm First GT160 finishers
- 11:00 pm Finish of the last GT85

SUNDAY 17 MAY

- 08:45 GT42 briefing
- 09:00 GT42 start
- 13:00 First GT42 finishers
- 15:10 Last GT160 to finish
- 17:00 Last GT42 arrivals

*A heartfelt thank you to everyone who placed their trust in us.
Thank you to all our loyal partners and all our fantastic volunteers, whether they are*

*individual volunteers or from organisations.
They ensure your safety and make sure you have everything you need.*



A thousand THANKS for joining us on
Belgium's most beautiful trails,
those of the Grand Trail des Lacs et Châteaux!

HAVE A LOT OF FUN!!

Give it your all...
And above all, enjoy yourselves,
you're alive!

Same organisers:



11 July 2026: Salm Triathlon | Sprint and Olympic distances
https://www.facebook.com/events/1492318795241035?locale=fr_FR

5-6 September 2026: GTLC Backyard | NEW | Baraque de Fraiture
https://www.facebook.com/events/1558651158569162?locale=fr_FR

7-8 November 2026: GTLC Winter 80km | 65km | 50km | 35km | 22km | 16km
Belgian Long & Short Distance Trail Running Championships (GT80 & GT35)

